

Term 1 Timetable

27th January – 25th March 2010

MON	TUE	WED	THU	SAT
	Women's only Taekwondo 9.30-10.30am		Women's only Taekwondo 9.30-10.30am	Jnr/Snr Adv Athlete Class 8.00- 9.00am
Ninjas Group 3. 3.50-4.30pm		Ninjas Group 3. 3.50-4.30pm		Taekinda 9-9.30am
Ninjas Group 1. 4.30-5.10pm	Ninjas Group 2. 3.50-4.30pm	Ninjas Group 1. 4.30-5.10pm	Ninjas Group 2. 3.50-4.30pm	Ninjas All Levels 9.30-10.10am
Warrior White and Yellow 1 5.00-5.45pm	Warrior Black Belts U/11 4.20-5.10pm	Warrior white and Yellow 1 5.00-5.45pm	Warrior Black Belts U/11 4.20-5.10pm	Warriors All Levels 10.10-11am
Warrior Yellow 2,3 & Blue 1 5.45-6.30pm	Teen Black, Cho Dan Bo and Red Belts 5.00-6.00pm	Warrior Yellow 2,3 & Blue 1 5.45-6.30pm	Teen Black, Cho Dan Bo and Red Belts 5.00-6.00pm	Teens All Levels 11-12pm
Warrior Blue 2 & 3 6.20-7.10pm	Warrior Red & Cho Dan Bo 6.00-6.50pm	Warrior Blue 2 & 3 6.20-7.10pm	Warrior Red & Cho Dan Bo 6.00-6.50pm	Adults All Levels 12-1pm
Teens White, Yellow & Blue Belts 7.00-8.00pm	Junior Athlete Beg/Adv Class 6.45-7.30pm	Teens White, Yellow & Blue Belts 7.00-8.00pm	Junior Athlete Beg/Adv Class 6.45-7.30pm	Birthday Parties By Appointment only 1.30-3.00pm
Adult Beginners White & Yellow 8.00-9.00pm	Senior Athlete Beg/Adv Class 7.30-8.30pm	Adult Beginners White & Yellow 8.00-9.00pm	Senior Athlete Beg/Adv Class 7.30-8.30pm	
Adult Blue & Red Belts 8.00-9.00pm	Adult Black belt & Cho Dan Bo 8.30-9.30pm	Adult Blue & Red Belts 8.00-9.00pm	Adult Black belt & Cho Dan Bo 8.30-9.30pm	